

BE THE FIRST TO KNOW

Get the Scoop on

Features and Specials

Promotions

Weekly Menus

New Offerings

Special Events

And More!

Visit Our Website and Leave Feedback

charleswright.campus-dining.com



**CHARLES
WRIGHT
ACADEMY**

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DINING GUIDE

2024–2025

lexington
independents

BURTURING
APPETITES



DINING CONCEPTS

jump**start**

classic
KITCHEN

 **flame**

sou**p**side

sauce + **stone**

sweet**shop**



WELLNESS



BeWell is Lexington Independent's wellness approach to help you have a more balanced dining experience. Our BeWell wellness approach combines the latest in food science and trendy recipes to create crave-worthy menu choices every day. We offer daily, weekly, and monthly specials, free take-home recipes, wellness promotions and more!

Look for the BeWell blueberry icon on the menu or point-of-service.



ASK  **DIETITIAN**

Answer general food, nutrition, special diet, and wellness-related questions

Provide personalized nutrition recommendations based on desired goals

Guide healthy dining choices

Email a dietitian today!

askadietitian@lexingtonindependents.com

ALLERGEN ICONS

What Do the Menu Icons Mean?

Look for the following icons on the menu to meet your individual lifestyle and nutritional needs.



BeWell
Healthy Option



Vegan



Vegetarian

The blue circle icons designate food that CONTAINS the pictured allergen.



Egg



Fish



Gluten



Milk



Peanuts



Tree Nuts



Sesame



Shellfish



Soy



Wheat

Look for these icons on the daily menus.

